

| AGENDA ITEM | RESPONSIBLE/ Required by |
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| WELCOME & APPROVAL OF AGENDA | |
| Welcome / Introduction of Members | |
| <p>1. FAC</p> <p>Comments:</p> <p>2. CACC</p> <p>Comments:</p> <p>3. Rideauwood</p> <ul style="list-style-type: none"> ▪ <i>YYA – Centre based</i> ▪ <i>School based</i> ▪ <i>Route Program – Youth & Adult Program</i> ▪ <i>Youth Probation & Youth Court</i> ▪ <i>Adults Parents & Families in partnership with community colleagues</i> ▪ <i>Individual & Group therapy</i> ▪ <i>Ottawa Drug treatment court</i> ▪ <i>Adult parent & family services partnered with Salus, Algonquin, Child Services, CMHA Ottawa, Sandy Hill, Centretown</i> ▪ <i>Opioid look to develop coordinated plan with school board, centres & public health</i> ▪ <i>Grade 7&8 prevention & awareness program</i> ▪ <i>Legalization of cannabis presented at Senate - Presentation in schools for parents & teachers & staff</i> <p>Comments:</p> | |
| <p>4. Dave Smith</p> <p>Comments:</p> | |
| <p>5. Carlington Community Health Centre</p> <p>Comments:</p> | |
| <p>6. The Walk-in Counselling Clinic - Jewish Family Services of Ottawa</p> <ul style="list-style-type: none"> ▪ <i>Started in January 2014</i> ▪ <i>Need in community to address forms of mild to med mental health crisis</i> ▪ <i>Started as a partnership of 8 community partners Jewish Family Services is the lead</i> | |

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| <ul style="list-style-type: none"> ▪ <i>6 sites in Ottawa, 1 Deep River, 1 Cornwall</i> ▪ <i>Steady 20%-25% growth per year</i> ▪ <i>Walk in counselling is meant to alleviate pressure on primary health care providers and provide immediate support to people in need</i> ▪ <i>No fees for services funded by LHIN</i> ▪ <i>Single sessions 70-90 minutes</i> ▪ <i>Staff are all trained</i> ▪ <i>Started with English & French have expanded to include Arabic, Chinese, Spanish, Somali</i> | |
| <p>7. Amethyst Women’s Addiction Centre</p> <ul style="list-style-type: none"> ▪ <i>Will be celebrating 40th anniversary 2019</i> ▪ <i>Free Day services for women 18+</i> ▪ <i>Partnership with community services</i> ▪ <i>Health promotion coordinator runs various program</i> ▪ <i>Catchment is Ottawa area</i> ▪ <i>Addiction treatment currently has an 8-month waitlist</i> ▪ <i>1 on 1 counselling</i> ▪ <i>Various workshops on demand (relapse prevention, healthy eating, coping skills)</i> ▪ <i>Evening & Day support groups</i> ▪ <i>Bilingual Services</i> <p>Comments: <i>If a client has a relapse Amethyst treats this on a case by case basis</i></p> | |
| <p>8. Geriatric Psychiatry Community Services of Ottawa</p> <p>Comments:</p> | |
| <p>9. Community Addiction Peer Support Association and Recovery Day Ottawa</p> <p>Comments:</p> | |
| <p>10. Addiction and Mental Health Services Cornwall Hospital</p> <p>Comments:</p> | |
| <p>11. CDSBEO</p> <ul style="list-style-type: none"> ▪ <i>Building resiliency in students. Tier 1</i> ▪ <i>Originally based on Dr. Hammonds work</i> ▪ <i>Every year send out survey to all school’s grade 3-12 how they are doing on 32 resilience factors</i> ▪ <i>Report provides hard data on school and individual students. Allows to develop school improvement plans</i> ▪ <i>Allows for school based decision on interventions & strategies</i> | |

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| <ul style="list-style-type: none"> ▪ Board provides resources and gives autonomy at the school level ▪ School Mental Health Assist (Leading Mentally Healthy Schools) <p>12. Montfort Renaissance</p> <ul style="list-style-type: none"> ▪ OAARS – all assessment and referral for clients looking for service mainly in Ottawa ▪ Ottawa Withdrawal Mgt Centre – 30 beds men & women servicing clients 18+ ▪ All services are biligual ▪ Maison j? – women stabilization services ▪ Community Withdrawal Mgt – worker goes into home to monitor client with Dr. ▪ 3 week educational day program bridge service for people waiting to get into program <p>13. PSO</p> <ul style="list-style-type: none"> ▪ <i>Began in 1991</i> ▪ <i>Located at Bronson Centre</i> ▪ <i>2012 started with Recovery Connections putting peer support workers currently 14 staff working in Hospital units</i> ▪ <i>All peers</i> ▪ <i>Used own lived experience to work and support clients</i> ▪ <i>Providing services to young adults 16-24</i> ▪ <i>Transitioning groups</i> ▪ <i>Young adult WRAP (wellness recovery action plan) group facilitated by 16-20 year olds to relate & share experience</i> ▪ <i>Family peer support</i> ▪ <i>Family WRAP group originally funded by United Way</i> ▪ <i>5 family WRAP's scheduled</i> | |

Adjournment 7:00pm
 Next meeting May 24th 2018 at the Royal